

### **Cystoscopy Discharge Instructions**

It is normal to have urinary frequency, urgency, burning and possibly blood when you urinate. This should get progressively better over time. If it fails to do so call 201-444-7070 for further instructions. If severe you may take “over the counter” Uristat or Pyridium for your discomfort. These drugs will change the color of your urine (blue, green or orange).

If you are unable to urinate for any reason or bleeding is severe (blood clots interfering with your ability to urinate) call 201-444-7070 for further instructions.

If you had a biopsy or fulgeration of the bladder it is possible and normal to have delayed bleeding when the “scab” falls off as the bladder’s contractile nature can cause the “scab” to come off prematurely resulting in visible bleeding. This can occur at any time in the first 3 weeks.

If you had a biopsy you should hear from Dr. Mackey’s office within 2 weeks with the result. If you have not heard by 2 full weeks call 201-444-7070 for further instructions.

If you had IV sedation with your procedure do not drive, operate machinery, drink alcohol, or make important decisions until tomorrow. If you did not have IV sedation there are no such restrictions.

If you have a foley catheter after your procedure call 201-444-7070 if it fails to drain or becomes dislodged. Some discharge of urine or a puss-like discharge around the catheter is normal.

You did receive antibiotic with your procedure today. Additional antibiotics are generally not needed unless prescribed below. If you develop fever (temp >100F) and/or shaking chills call 201-444-7070 immediately for further instructions.

You may resume all medications unless indicated below.